

Rescue, Sirens and Sounds



THE OFFICIAL MONTHLY NEWSLETTER OF SPOTSYLVANIA VOLUNTEER RESCUE



Thinking about volunteering?

RSVP for our
in-person open house!

Email:

sdwalker@spotsylvania.va.us

Spotsylvania Company 1
7200 Courthouse Commons
Blvd
Spotsylvania, VA 22553

June 2nd at 7pm

June is National Men's Health Month

- Know your preventable risks
- Take Steps to create healthful habits
- Schedule routine tests for early detection of disease
- Learn your risk factors
- Document your family history with your physician

<https://nationaldaycalendar.com/mens-health-month/>

Congrats to our newly released providers!

Drivers
Joel Brown



Volunteer Spotlight

**Spotsylvania Volunteer Rescue Squad Member of the Month:
Graham Green**



For the month of June, SVRS would like to recognize Graham Green! Graham joined SVRS in July of 2020. When asked what his favorite part of volunteering was he answered " I know it's cliché, but honestly, helping people. I signed up to try and help make a difference and strive at that every day I'm on shift. When I first saw the sign in front of Station 2 looking for volunteers I questioned if it was for me or if I really had what it takes to do this. However, with the training and assistance I received from everyone on the squad as well as the career and volunteer fire fighters, I look forward to coming in each and every shift I run. If you are thinking of joining but worried about limited or no experience, don't let that stop you.

HOW TO PROVIDE CARE FOR AN ANIMAL BITE

Many animal bites can be treated at home, but some require immediate or additional medical care.

If the animal bite breaks the skin, start by washing the minor wound with soap and large amounts of running water to reduce the risk of infection. Then, take steps to control any bleeding by applying direct pressure to the wound and covering the area with a sterile dressing.

Seek additional medical care for the animal bite if:

- The wound is more severe and requires stitches.
- The injury needs additional wound cleaning or shows signs of infection (e.g. redness, warmth, drainage, swelling, increased pain, fever).
- You suspect the animal could have rabies.

Always call 911 if the animal bite results in severe bleeding or if the animal remains a danger to yourself or others.

<https://emergencycare.hsi.com/blog/first-aid-for-animal-bites>



Flag Day Parade!

Come out and join us at Massaponax High School for a Flag Day parade on Sunday, June 13th from 1:00-3:00pm.

There will be firetrucks, ambulances, sheriffs office and other "cool" trucks!